

A vegan meal is available on request on days when (vg) is not shown as a choice on the menu.

All our fish is natural whole fillet and although great care has been taken to remove all bones, some may remain.

Week one

Warwickshire, Coventry: 16/9, 7/10, 18/11, 9/12, 13/1/25, 3/2, 3/3, 24/3
Oxfordshire: 16/9, 7/10, 18/11, 9/12, 13/1/25, 3/2, 3/3, 24/3

Choose a main meal...

Pork Meatballs in Tomato Sauce with Noodles (G, SB, SUE)

(vg) Breaded Vegetable Fingers with Herby Diced Potatoes (G)

Jacket Potato – (v) Cheese (D), Tuna (F, E) or (v) Baked Beans

(v) Cheddar Cheese Bap (G, D)

MONDAY

On the side...

Fresh Salad Bar
Vegetables of the Day

For dessert...

(vg) (h) Lemon Shortbread (G)
(v) Cheese Crackers and Apple Wedge (G, D)
Fresh Fruit

TUESDAY

On the side...

Fresh Salad Bar
Vegetables of the Day

For dessert...

(vg) (h) Chocolate Cracknel (G)
(v) Yoghurt (D) or Fresh Fruit

WEDNESDAY

Choose a main meal... **WEDNESDAY ROAST**
British Roast Beef, with Traditional Yorkshire Pudding and Gravy (D, E, G)

(vg) Quorn Roast in Gravy with (v) Yorkshire Pudding (D, E, G)
Crispy Roast Potatoes

Jacket Potato – (v) Cheese (D), Tuna (F, E) or (v) Baked Beans
British Roast Chicken Bap (G)

Choose a main meal...

Chicken Filler Wrap and Sweetcorn Salsa Dip with Diced Potatoes (G)

(v)(h) Mac 'n' cheese with Freshly Baked Crusty Bread (D, G)

Jacket Potato – (v) Cheese (D), Tuna (F, E) or (v) Baked Beans

British Ham Bap (G)

THURSDAY

On the side...

Fresh Salad Bar
Vegetables of the Day

For dessert...

(vg) Toffee Apple Donut (G, D, E, SB)
(v) Yoghurt (D) or Fresh Fruit

FRIDAY

Choose a main meal... **FISHY FRIDAY**
(msc) Battered Fish Fillet (G, F) with Chipped Potatoes

(vg) Vegetarian Holdo with Chipped Potatoes (G)

Jacket Potato – (v) Cheese (D), Tuna (F, E) or (v) Baked Beans
(v) Cheddar Cheese Bap (G, D)

On the side...

Fresh Salad Bar
Peas or Baked Beans

For dessert...

(vg) Jelly with Fruit
(vg) (h) Crunch Cookie (G)
(v) Yoghurt (D) or Fresh Fruit

educaterers' **A FOOD STORY**

Weekly Menu

Week two

Warwickshire, Coventry: 2/9, 23/9, 14/10, 4/11, 25/11, 16/12, 20/1/25, 10/2, 10/3, 31/3
Oxfordshire: 2/9, 23/9, 14/10, 4/11, 25/11, 16/12, 20/1/25, 10/2, 10/3, 31/3

Choose a main meal...

British Pork Sausages with Gravy & Mashed Potatoes (G, S, U)

(v)(h) Cheese and Potato Pie served with Vegetables of the day (D, E)

Jacket Potato – (v) Cheese (D), Tuna (F, E) or (v) Baked Beans

(v) Cheddar Cheese Bap (G, D)

MONDAY

On the side...

Fresh Salad Bar
Vegetables of the Day

For dessert...

(vg)(h) Flapjack
(v) Yoghurt (D) or Fresh Fruit

TUESDAY

On the side...

Fresh Salad Bar
Vegetables of the Day

For dessert...

(v) Strawberry Whip with Fruit (D)
(v) Cheese Crackers and Apple Wedge (G, D)
Fresh Fruit

WEDNESDAY

Choose a main meal... **WEDNESDAY ROAST**
British Roast Chicken Fillet, Sage and Onion Stuffing and Gravy (G)

(vg) Quorn Roast in Gravy with Sage and Onion Stuffing (G)
Crispy Roast Potatoes

Jacket Potato – (v) Cheese (D), Tuna (F, E) or (v) Baked Beans
Tuna Mayonnaise Bap (F, E, G)

Choose a main meal...

(h) Italian Chicken Pasta (chicken and pasta in a tomato sauce) with Freshly Baked Wholegrain Baguette (G)

(vg) Veggie Sausages with Herby Diced Potatoes

Jacket Potato – (v) Cheese (D), Tuna (F, E) or (v) Baked Beans

British Ham Bap (G)

THURSDAY

On the side...

Fresh Salad Bar
Vegetables of the Day

For dessert...

(vg)(h) Up Beet Chocolate Cake (G, E, SB)
(v) Yoghurt (D) or Fresh Fruit

FRIDAY

Choose a main meal... **FISHY FRIDAY**
(msc) Salmon Fish Cake with Chipped Potatoes (G, F)

(v)(h) Rustic Pizza Wedge with Chipped Potatoes (G, D)

Jacket Potato – (v) Cheese (D), Tuna (F, E) or (v) Baked Beans
(v) Cheddar Cheese Bap (G, D)

On the side...

Fresh Salad Bar
Peas or Baked Beans

For dessert...

(vg)(h) Ginger Cookie (G)
(vg) Jelly with Fruit
(v) Yoghurt (D) or Fresh Fruit

Week three

Warwickshire, Coventry: 9/9, 30/9, 21/10, 11/11, 21/12, 6/1/25, 27/1, 24/2, 17/3, 7/4
Oxfordshire: 9/9, 30/9, 21/10, 11/11, 21/12, 6/1/25, 27/1, 24/2, 17/3, 7/4

Choose a main meal...

Southern Style Chicken Strips in a Wrap with Potato Wedges (G)

(v)(h) Cheese and Baked Bean Pasty with Potato Wedges (G, D)

Jacket Potato – (v) Cheese (D), Tuna (F, E) or (v) Baked Beans

(v) Cheddar Cheese Bap (G, D)

MONDAY

On the side...

Fresh Salad Bar
Vegetables of the Day

For dessert...

(vg)(h) Chocolate Orange Cookie with Orange Wedges (G)
(v) Yoghurt (D) or Fresh Fruit

TUESDAY

On the side...

Fresh Salad Bar
Vegetables of the Day

For dessert...

(vg) (h) Shortbread (G)
(v) Cheese Crackers and Apple Wedge (G, D)
Fresh Fruit

WEDNESDAY

Choose a main meal... **WEDNESDAY ROAST**
British Roast Pork Loin, Apple Sauce and Gravy

(vg) Quorn Roast with Gravy (G)
Crispy Roast Potatoes

Jacket Potato – (v) Cheese (D), Tuna (F, E) or (v) Baked Beans
British Roast Chicken Bap (G)

Choose a main meal...

(h) Mild and Creamy Chicken Korma with Wholegrain rice (D)

(vg) Veggie Nuggets with Seasoned Wedges (G)

Jacket Potato – (v) Cheese (D), Tuna (F, E) or (v) Baked Beans

British Ham Bap (G)

THURSDAY

On the side...

Fresh Salad Bar
Vegetables of the Day

For dessert...

(v) Pancakes with Fruit (G, D, E)
(v) Yoghurt (D) or Fresh Fruit

FRIDAY

Choose a main meal... **FISHY FRIDAY**
(msc) Fish Fillet Fingers (G, F) with Chipped Potatoes

(v) Plantball Melt with Chipped Potatoes plantballs in a finger roll topped with rustic tomato sauce and grated cheese (G, D)

Jacket Potato – (v) Cheese (D), Tuna (F, E) or (v) Baked Beans
(v) Cheddar Cheese Bap (G, D)

On the side...

Fresh Salad Bar
Peas or Baked Beans

For dessert...

(v)(h) School Favourite Sprinkles Sponge Cake (G, E, SB)
(v) Yoghurt (D) or Fresh Fruit

Fruit Cordial or Fruity Water from the Hydration Station, Semi Skimmed Milk & Fresh Bread are also offered daily

Vegetable accompaniments change to reflect seasonal availability.

ALLERGEN KEY G = Gluten / Wheat
Vg = Vegan
E = Celery
S = Sesame
H = Horsemeat

F = Fish
M = Molluscs
SU = Sulphites
SB = Soya



MSC
MSC SUSTAINABLE
FISH

Allergies

Please contact your school cook for information regarding the content of dishes and products on our menu.