A vegan meal is available on request on days when (vg) is not shown as a choice on the menu.

All our fish is natural whole fillet and although great care has been taken to remove all bones, some may remain.

Week one

Warwickshire, Coventry: 16/9, 7/10, 18/11, 9/12, 13/1/25, 3/2, 3/3, 24/3 Oxfordshire: 16/9, 7/10, 18/11, 9/12, 13/1/25, 3/2, 3/3, 24/3

Choose a main meal... Pork Meatballs in Tomato Sauce with Noodles (G.E)

(vg) Breaded Vegetable Fingers with Herby Diced Potatoes (G)

Jacket Potato – (v) Cheese (D), Tuna (F.E) or (v) Baked Beans

(v) Cheddar Cheese Bap (G.D)

Choose a main meal... (h) Chicken and Country Vegetable Pie with Potato Wedges (G)

(v) Cheese and Tomato Pizza Wedge with Potato Wedges (G.D)

Jacket Potato – (v) Cheese (D), Tuna (F.E) or (v) Baked Beans

British Ham Bap (G)

Choose a main meal... WEDNESDAY ROAST British Roast Beef, with Traditional Yorkshire Pudding and Gravy (D.E.G)

(vg) Quorn Roast in Gravy with (v) Yorkshire Pudding (D.E.G) Crispy Roast Potatoes

Jacket Potato – (v) Cheese_(D), Tuna (F.E) or (v) Baked Beans British Roast Chicken Bap (G)

Choose a main meal... Chicken Fillet Wrap and Sweetcorn Salsa Dip with Diced Potatoes (G)

(v)(h) Mac 'n' cheese with Freshly Baked Crusty Bread (D.G)

Jacket Potato – (v) Cheese (D), Tuna (F.E) or (v) Baked Beans

British Ham Bap (G)

Choose a main meal... FISHY FRIDAY (msc) Battered Fish Fillet (G.F) with Chipped Potatoes (vg) Vegetarian Hotdog with Chipped Potatoes (G)

Jacket Potato – (v) Cheese (D), Tuna (F.E) or (v) Baked Beans

(v) Cheddar Cheese Bap (G.D)

Fresh Salad Bar Vegetables of the Day For dessert...

(vg) (h) Lemon Shortbread (G) (v) Cheese Crackers and Apple Wedge (G.D) Fresh Fruit

MONDAY

On the side

TUESDAY

On the side... Fresh Salad Bar Vegetables of the Day

For dessert... (v) (h) Chocolate Cracknel (G) (v) Yoghurt (D) or Fresh Fruit

WEDNESDAY

On the side... Fresh Salad Bar Vegetables of the Day

For dessert... (v)(h) Syrup Sponge with Custard (D.G.E) (v) Ice Cream (D) Eresh Eruit

THURSDAY

On the side... Fresh Salad Bar Vegetables of the Day

For dessert... (v)Toffee Apple Donut (G.D.E.SB) (v) Yoghurt (D) or Fresh Fruit

FRIDAY

On the side... Fresh Salad Bar Peas or Baked Beans

For dessert... (vg) Jelly with Fruit (v) (h) Crunch Cookie (G) (v) Yoghurt (D) or Fresh Fruit

Fruit Cordial or Fruity Water from the Hydration Station, Semi Skimmed Milk & Fresh Bread are also offered daily

Vegetable accompaniments change to reflect seasonal availability.



Week two

MONDAY

(v) Yoghurt (D) or Fresh Fruit

TUESDAY

(v) Strawberry Whip with Fruit (D)

(v)(h) Apple and Pear Crumble with

(v)(h) Up Beet Chocolate Cake (G.E)

(v) Yoghurt (D) or Fresh Fruit

FRIDAY

(v) Cheese Crackers and Apple

WEDNESDAY

THURSDAY

On the side

For dessert

On the side...

For dessert...

Wedge (G.D)

On the side.

For dessert...

Custard (G.D)

On the side...

For dessert...

On the side...

For dessert...

Fresh Salad Bar

(va) Jelly with Fruit

Peas or Baked Beans

(v)(h) Ginger Cookie (G)

Fresh Salad Bar

Vegetables of the Day

Fresh Fruit

(v) Ice Cream (D)

Fresh Salad Bar

Vegetables of the Day

Fresh Fruit

Fresh Salad Bar

Vegetables of the Day

Fresh Salad Bar

(vg)(h) Flapiack (G)

Vegetables of the Day

Warwickshire, Coventry: 2/9, 23/9, 14/10, 4/11, 25/11, 16/12, 20/1/25, 10/2, 10/3, 31/3 Oxfordshire: 2/9, 23/9, 14/10, 4/11, 25/11, 16/12, 20/1/25, 10/2, 10/3, 31/3

Choose a main meal... British Pork Sausages with Gravy &

Mashed Potatoes (G.SU.SB.D) (v)(h) Cheese and Potato Pie served with Vegetables of the day (D.E)

Jacket Potato – (v) Cheese (D), Tuna (F.E) or (v) Baked Beans

(v) Cheddar Cheese Bap (G.D)

Choose a main meal... (h) British Beef Bolognaise with Garlic Bread (G/ cheese D)

(vg) Veggie Plant burger in a High Fibre Bun with Crispy Diced Potatoes (G) Jacket Potato – (v) Cheese (D), Tuna (F.E) or (v) Baked Beans British Ham Bap (G)

Choose a main meal... WEDNESDAY ROAS British Roast Chicken Fillet, Sage and Onion Stuffing and Gravy (G)

(vg) Quorn Roast in Gravy with Sage and Onion Stuffing (G)

Sage and Onion Stuffing (G) Crispy Roast Potatoes Jacket Potato – (v) Cheese (D).

Tuna (F.E) or (v) Baked Beans

British Roast Chicken Bap (G)

Choose a main meal...

(h) Italian Chicken Pasta (chicken and pasta in a tomato sauce) with Freshly Baked Wholegrain Baguette (G)

(vg) Veggie Sausage with Herby Diced Potatoes

Jacket Potato – (v) Cheese (D), Tuna (F.E) or (v) Baked Beans

British Ham Bap (G)

Choose a main meal... FISHY FRIDAY (msc) Salmon Fish Cakewith Chipped Potatoes (G.F)

(v)(h) Rustic Pizza Wedge with Chipped Potatoes (G.D.SB)

Jacket Potato – (v) Cheese (D), Tuna (F.E) or (v) Baked Beans

ALLERGEN KEY

Vg = Vegan V = Vegetarian

H = Homemade

(v) Cheddar Cheese Bap (G.D)

G = Gluten / Wheat F = Fish C = Celery M = Mustard S = Sesame SU = Sulphites

F = FishD = DairyM = MustardE = EggSU = SulphitesSB = Soya

(v) Yoghurt (D) or Fresh Fruit



Week three

Warwickshire, Coventry: 9/9, 30/9, 21/10, 11/11, 2/12, 6/1/25, 27/1, 24/2, 17/3, 7/4 Oxfordshire: 9/9, 30/9, 21/10, 11/11, 2/12, 6/1/25, 27/1, 24/2, 17/3, 7/4

Choose a main meal... Southern Style Chicken Strips in a Wrap with Potato Wedges (G)

(v)(h) Cheese and Baked Bean Pasty with Potato Wedges (G,D)

Jacket Potato – (v) Cheese (D), Tuna (F.E) or (v) Baked Beans

(v) Cheddar Cheese Bap (G.D)

Choose a main meal... Beef Burger in a High Fibre Bun with Crispy Diced Potatoes (G.SB.C)

(h)(v) Cheesy Tomato Pasta Bake with Freshly Baked Wholegrain Baguette (D.G)

Jacket Potato – (v) Cheese (D), Tuna (F.E) or (v) Baked Beans

British Ham Bap (G)

Choose a main meal... WEDNESDAY ROAST British Roast Chicken Fillet, Sage and Onion Stuffing and Gravy (G)

(vg) Quorn Roast with Gravy (G) Crispy Roast Potatoes

Jacket Potato – (v) Cheese (D), Tuna (F.E) or (v) Baked Beans

British Roast Chicken Bap (G)

Choose a main meal...

(h) Chicken and Sweetcorn Pasta Bake, with Freshly Baked Wholegrain Baguette (G.D)

(vg) Quorn Dippers with Seasoned Wedges (G)

Jacket Potato – (v) Cheese (D), Tuna (F.E) or (v) Baked Beans

Choose a main meal... FISHY FRIDAY (msc) Fish Fillet Fingers (G.F) with Chipped Potatoes

(v) Plantball Melt with Chipped Potatoes plantballs in a finger roll topped with rustic tomato, sauce and grated cheese (G.D) Jacket Potato – (v) Cheese (D), Tuna (F.E) or (v) Baked Beans

(v) Cheddar Cheese Bap (G.D)

MONDAY

On the side... Fresh Salad Bar Vegetables of the Day

For dessert...

(v)(h) Chocolate Orange Cookie with Orange Wedges (G)(v) Yoghurt (D) or Fresh Fruit

CHOICE/ IKT/COLD

September 2024

TUESDAY

On the side...

Fresh Salad Bar Vegetables of the Day

For dessert...

(vg) (h) Shortbread (G)(v) Cheese Crackers and AppleWedge(G.D)Fresh Fruit

WEDNESDAY

On the side... Fresh Salad Bar Vegetables of the Day

For dessert... (v)(h) Apple and Cinnamon Charlotte with Custard (G.SU.D) (v) Strawberry Swirl Mousse (D) Fresh Fruit

THURSDAY

On the side... Fresh Salad Bar Vegetables of the Day

For dessert...

On the side...

For dessert...

Please contact your school cook for information regarding

the content of dishes and products on our menu.

Fresh Salad Bar

Peas or Baked Beans

Sponge Cake (G.E)

(v) Yoghurt (D) Fresh Fruit

(v)(h) 'School Favourite' Sprinkles

(v) Ring Donuts with Fruit (G D E.SB)(v) Yoghurt (D) or Fresh Fruit

FRIDAY