All our fish is natural whole fillet and although great care

has been taken to remove all bones, some may remain



Weekly Menu

Week one

Warwickshire Coventry: 05/05 02/06 23/06 14/07 08/09 29/09 20/10 Oxfordshire: 05/05, 02/06, 23/06, 14/07, 08/09, 29/09, 20/10

Choose a main meal

Melting Pork Meatball Pasta Bake with Cheese served with Crusty Bread (G.D)

(v)(h) Texan Sausage & Bean Bake (with Baked Beans) served with Garlic bread Roll (GD)

Jacket Potato - (v) Cheese (D). Tuna (F.E) or (vg) Baked Beans (vg)Tomato Pasta Bake (G)

(v) Cheddar Cheese Ban (G.D)

Choose a main meal...

(h) Chicken and Country Vegetable Pie served with Potato Wedges (G)

(v) Cheese and Tomato Pizza Wedge served with Potato Wedges (G.D)

Jacket Potato - (v) Cheese (D), Tuna (F.E) or (vg) Baked Beans (v)Cheesy Pasta Bake (G,D) British Ham Ban (G)

Choose a main meal. WEDNESDAY ROAST British Roast Reef, with Traditional Yorkshire Pudding and Gravy (D.E.G) (vg) Classic Quorn Roast in Gravy with (v) Yorkshire Pudding (D.E.G) Crispy Roast Potatoes

Jacket Potato - (v) Cheese (D). Tuna (F.E) or (vg) Baked Beans (vg)Tomato Pasta Bake (G) British Roast Chicken Bap (G)

Choose a main meal...

(vg) Crispy Quorn Dippers in a Wrap with Tomato Salsa served with Crispy Diced Potatoes (G)

(v)(h) Cheese and Potato Pastv served with Crispy Diced Potatoes (G.D.E)

Jacket Potato - (v) Cheese (D), or (vg) **Baked Beans**

(v)Cheesy Pasta Bake (G.D) British Ham Bap (G)

Choose a main meal... FISHY FRIDAY (msc) Battered Fish Fillet (G.F) served

with Chipped Potatoes (v)(h) Vegetable Enchilada (Wrap filled with vegetables, sprinkled with cheese) Served with Chipped Potatoes (G.D) Jacket Potato - (v) Cheese (D), Tuna (F.E) or (vg) Baked Beans

(vg)Tomato Pasta Bake (G) (v) Cheddar Cheese Bap (G.D)

MONDAY

On the side Fresh Salad Bar

Vegetables of the Day

For dessert...

(v)(h) 'School Favourite' Sprinkles Sponge Cake (G.E.) (v) Yoghurt (D SB)

TUESDAY

On the side

Fresh Fruit

Fresh Salad Bar Vegetables of the Day

For dessert...

(v)(h) Chocolate Cracknel (G) (v) Yoghurt (D.SB) Fresh Fruit

WEDNESDAY

On the side...

Fresh Salad Bar Vegetables of the Day

For dessert

(v)(h) Raspberry & Apple Sponge with

Custard (D.G.E.) (v) Yoghurt (D.SB)

THURSDAY

On the side...

Fresh Salad Bar Vegetables of the Day

For dessert...

(v)(h) Melting Moment Biscuit (G.SU) (v) Yoghurt (D.SB) Fresh Fruit

FRIDAY

On the side... Fresh Salad Bar Peas or Baked Beans

For dessert... (vg) Jelly with Fruit (v) Yoghurt (D.SB) Fresh Fruit

Choose a main meal

(h) Moroccan Chicken Pasta (Mildly Spiced served with Freshly Baked Malted Wheat Baquette (G)

(vg) Breaded Golden Vegetable Fingers served with Crispy Diced Potatoes (G)

Jacket Potato - (v) Cheese (D) Tuna (F.E) or (vg) Baked Beans (vg)Tomato Pasta Bake (G)

(v) Cheddar Cheese Bap (G.D)

Choose a main meal...

(v)(h) Rustic Pizza Wedge served with Crispy Diced Potatoes (G.D.SB)

(v) Sweet 'n' Sour Quorn served with Jacket Potato - (v) Cheese (D), or (vg) Baked Beans (v)Cheesy Pasta Bake (G.D)

British Ham Bap (G)

Choose a main meal... WEDNESDAY ROAS British Roast Chicken Fillet, Sage and Onion Stuffing and Gravy (G)

(vg) Classic Quorn Roast in Gravy with Sage and Onion Stuffing (G) Crispy Roast Potatoes

Jacket Potato - (v) Cheese (D). Tuna (F.E) or (vg) Baked Beans (vg)Tomato Pasta Bake (G)

British Roast Chicken Bap (G)
Choose a main meal...

British Pork Sausages served with Mashed Potatoes (G.SU.SB.D)

(v)(h) Roasted Vegetable Frittata (omelette) served with Crispy Diced Potatoes (D.E)

Jacket Potato - (v) Cheese (D). Tuna (F.E) or (vg) Baked Beans (v)Cheesy Pasta Bake (G,D) British Ham Bap (G)

Choose a main meal... FISHY FRIDAY (msc) Battered Fish Fillet (G.F) served with Chipped Potatoes

(vg) Plant power Burger in a Bun served with Chipped Potatoes (G)

Jacket Potato - (v) Cheese (D). Tuna (F.E) or (vg) Baked Beans (vg)Tomato Pasta Bake (G)

(v) Cheddar Cheese Bap (G.D)

MONDAY

On the side... Fresh Salad Bar

Warwickshire Coventry: 12/05 09/06 30/06 15/09 06/10

Oxfordshire: 21/04, 12/05, 09/06, 30/06, 21/07, 15/09, 06/10

For dessert (vg)(h) Flapiack (G) (v) Yoghurt (D.SB)

Vegetables of the Day

TUESDAY

On the side...

Fresh Fruit

Fresh Salad Bar Vegetables of the Day

For dessert...

(vg)(h) Shortbread (G) (v) Yoghurt (D.SB) Fresh Fruit

WEDNESDAY

On the side...

Fresh Salad Bar Vegetables of the Day

For dessert...

(v) Ice Cream (D) (v) Yoghurt (D.SB) Fresh Fruit

THURSDAY

On the side...

Fresh Salad Bar Vegetables of the Day

For dessert...

(v)(h) Peach Melba Sponge (G.E) (v) Yoghurt (D.SB) Fresh Fruit

FRIDAY

On the side...

Fresh Salad Bar Peas or Baked Beans For dessert...

(vg) Jelly with Fruit

(v) Yoghurt (D.SB) Fresh Fruit

Week three

Warwickshire Coventry: 28/04 19/05 16/06 07/07 01/09 22/09 13/10 Oxfordshire: 28/04, 19/05, 16/06, 07/07, 01/09, 22/09, 13/10

Choose a main meal

(v) Cheese and Tomato Pizza Wedge served with Seasoned Potato Wedges

(vg)(h) Quorn and Bean Tostada (Toasted Tortilla topped with Quorn Pieces and Kidney beans mildly spiced) served with Seasoned Potato Wedges (G)

Jacket Potato - (v) Cheese (D) or (vg) Baked Beans

vg)Tomato Pasta Bake (G)

(v) Cheddar Cheese Ban (G.D)

Choose a main meal...

(h) British Beef Bolognaise served with Garlic Bread (G/ cheese D)

(vg) Plant power Hotdog served with Herby Diced Potatoes (G)

Jacket Potato - (v) Cheese (D), Tuna (F.E) or (vg) Baked Beans (v)Cheesy Pasta Bake (G,D) British Ham Ban (G)

Choose a main meal... WEDNESDAY ROAST British Roast Chicken Fillet, Sage and

Onion Stuffing and Gravy (G) (vg) Classic Quorn Roast with Gravy (G)

Crispy Roast Potatoes

Jacket Potato - (v) Cheese (D). Tuna (F.E) or (vg) Baked Beans (vg)Tomato Pasta Bake (G)

British Roast Chicken Bap (G)

Choose a main meal...

Beef Burger in a Bun served with Crispy Diced Potatoes (G.SB.SU)

(vg)(h) Chunky Vegetable Curry served with Rice

Jacket Potato - (v) Cheese (D). Tuna (F.E) or (vg) Baked Beans (v)Cheesy Pasta Bake (G.D) British Ham Bap (G)

Choose a main meal... FISHY FRIDAY (msc) Fish Fillet Fingers (G.F) served with Chipped Potatoes (v)(h) Tomato Pasta Bake served with

Freshly Baked Malted Wheat Baquette (G.D)

Jacket Potato - (v) Cheese (D), Tuna (F.E) or (vg) Baked Beans (vg)Tomato Pasta Bake (G)

MONDAY

On the side

Fresh Salad Bar Vegetables of the Day

For dessert

(v)(h) Crunch Cookie (G) (v) Yoghurt (D.SB) Fresh Fruit

TUESDAY

On the side...

Fresh Salad Bar Vegetables of the Day

For dessert...

(v)(h) Lemon / Orange Drizzle Cake (G.E) (v) Yoghurt (D.SB) Fresh Fruit

On the side...

Fresh Salad Bar Vegetables of the Day

For dessert...

(v) Strawberry Whip with Fruit (D) (v) Yoghurt (D.SB)

Fresh Fruit

THURSDAY

Vegetables of the Day

On the side... Fresh Salad Bar

For dessert...

(v)(h)Chocolate Frosted Sponge (G.E.D) (v) Yoghurt (D.SB) Fresh Fruit

FRIDAY

On the side...

Fresh Salad Bar Peas or Baked Beans

For dessert...

(v) Ice Cream (D) (v) Yoghurt (D.SB) Fresh Fruit

(v) Cheddar Cheese Bap (G.D)

Fruit Cordial or Fruity Water from the Hydration Station, (v) Semi Skimmed Milk & (vg) Homemade Fresh Bread are also offered daily

ALLERGEN KEY G = Gluten / Wheat Vg = Vegan V = Vegetariar

F = Fish M = Mustard E = Egg SU = Sulphites SB = Sova









Please contact your school cook for information regarding the content of dishes and products on our menu.