

This Week in Our School

Friday 19th June 2026

What a positive end to the week! We've met 2 of our 11 Before 11 promises: Year 5 completed their 'Sleeping Under the Stars' Space Camp on Thursday and on Friday, we broke a 'Reach2 Record' with the whole school joining over 20,000 other children across all Reach2 school to Drop Everything and Read. We also had the privilege of being joined by Reach2 Academy Trust CEO Cathie Paine, who read to our Nursery children and spoke to classes around the school about all of the exciting things we've achieved this year.

Key Dates!

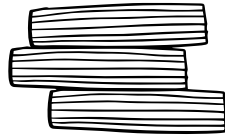
Please read this section carefull as there have been some updates/new additions and we don't want you to miss out on any of our Summer term events!



- Monday 22nd June:** Year 2 Assembly (details below)
- Thursday 2nd July:** Year 3 Assembly - 9am
- Friday 3rd July:** Non-Uniform Day (Gift Donation)
- Tuesday 7th July:** Year 4 Class Assembly - 2:30pm
- Wednesday 8th July:** Transition Day
- Friday 10th July:** Non-Uniform (Bottle Donation)
- Tuesday 14th July:** Year 2 'Ladies Day' Picnic - 2pm. To celebrate the wonderful women in our children's lives! We will provide cake and fruit punch to mark the occasion, and would greatly appreciate any picnic blankets you are able to lend for the afternoon. This will be a lovely opportunity to read or play games together, so please feel free to bring along books or small outdoor games. Attendance for this event is limited to one special adult per child, and wristbands will be distributed on the Friday before the picnic.
- Thursday 16th July:** Summer Fayre (after school)
- Friday 17th July:** School Closes at 1:30pm
Wraparound (MHR) closes 3:30pm



READ



DROP EVERYTHING AND READ!





Things to Celebrate!

Value Awards



BEECH - Max & Henry

BIRCH - Carter

CHERRY - Primrose

CHESTNUT - Jaivik

ELDER - Dominic

ELM - Joey

HAZEL - Willow

HOLLY - Georgie

OAK - Layla

OLIVE - Alfie

PINE - Scarlett

POPLAR - Nayan

WALNUT - Tawana



Year 2 Assembly – Monday 22nd June

We will be holding a class assembly to showcase the children's learning on 'The History of Flight'. We would love you to join us to cheer the children on and celebrate all of their hard work and achievements.

Please note that attendance is limited to two adults per child, and we kindly ask that you arrive on site no earlier than 2.20pm.

Attendance!

For week beginning 15th June 2026

Beech Class:	88.3%
Birch Class:	95%
Cherry Class:	96%
Chestnut Class:	97.7%
Elder Class:	88.7%
Elm Class:	94.3%
Hazel Class:	95.5%
Holly Class:	89.3%
Oak Class:	93.6%
Olive Class:	94%
Pine Class:	96%
Poplar Class:	97.6%
Walnut Class:	98.3%



Congratulations to those classes that have reached an attendance of 97% or above!



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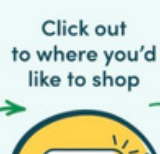
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JOHN
LEWIS



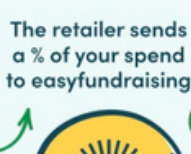
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£60m
raised for UK good causes

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ALL PROCEEDS RAISED WILL GO TO THE SCHOOL



Mental Health in Schools Team

Tips For Wellness

Sleep



Dimensions tool



Free online personalised self-care information & support for adults and children in Coventry & Warwickshire

Our bodies need sleep and rest to help us function every day. When we are sleeping, it gives our brain and body time to repair and regenerate, re-energise and improve our motivation. We also need sleep to be able to process information, problem solve, learn new things and concentrate (you might notice you find it particularly difficult to focus at school after a bad night's sleep!) Sleep also benefits our mental wellbeing, by helping us to regulate our emotions and mood.

It is important to find time for our brain to completely 'switch off' and rest, to take some time out of our busy day to stop, take a break and do something that promotes our wellbeing!

Our tips for improving sleep:

- 1. Maintain a regular sleep schedule** –this includes going to bed around the same time every night, as well as waking up at a similar time every morning (even on weekends!) Sleeping in later than normal can disrupt the body's circadian rhythm, which can lead to more tiredness.
- 2. Create a calming environment** -dim the lights an hour before bed. Keep the room dark, if possible, try using an eye mask or black out blinds. A cool bedroom and slight drop in body temperature can help us to go to sleep.
- 3. Reduce electronics** –using electrical devices before bedtime is one of the main reasons we have sleep difficulties. The light exposure on the screens can trick our brain into thinking it is still daytime, which stops our body from being able to wind down and feel tired! Turn devices on night mode or leave outside your bedroom to limit temptation.
- 4. Minimise daytime naps** –napping during the day can make it harder to fall asleep at night, they also break up sleep (which means lower quality sleep and fewer benefits).
- 5. Complete homework after school** –getting stuck into homework tasks before bed can delay tiredness, as our brains are busy trying to concentrate! Try to do activities that relax you before bed, to help you switch off from schoolwork.
- 6. Spend time relaxing** –you may want to have a shower or run a warm bath, listen to calming music, read a book, journal or keep a diary from the day, stretch, meditate, or spend time with a pet.
- 7. Scan the QR code for more helpful information and sleep tips!**



In Coventry and Warwickshire, for any urgent mental health concerns, contact the RISE Crisis Helpline available 24/7, by calling NHS 111. Alternatively, call 999 or visit A&E in an emergency, for example if medical attention is required.

MHST are available to support you and your school throughout the school year including term time and school holidays.

Please contact your school's Mental Health Lead for information and advice.