Lower Farm Academy Newsletter

Friday 18th September

This Week in Our School

It's been amazing to already welcome in parents to join us for our Celebration Assemblies each Friday. Together we celebrate our school values: Achievement, Care, Collaboration, Integrity, Resilience and Respect. There are so many ways we see these values throughout our school day, and we're so proud of our children for going above and beyond each week. Just a quick reminder: It is turning slightly colder and definitely wetter, so can we please ensure children are bringing in a raincoat to keep us outside for as long as possible!



Key Dates!

Please read this section carefully as there have been some updates/new additions and we don't want you to miss out on any of our autumn term events!

Friday 25th September:	Year 5 Macmillan Coffee Morning
Monday 28th September:	European Day of Languages
Tuesday 29th September:	School Photographs
Monday 5th October:	Year 4 Grandparents Afternoon - 1.30 to 3pm
Tuesday 13th & Thursday 15th October:	Parents Evenings
Friday 23rd October:	Halloween Discos

Things to Celebrate!



Value Awards

CHERRY - Matthew

CHESTNUT - Elsie

ELDER - Mason

ELM - Serena

HAZEL - Milo

HOLLY - Tanya

OAK - Betsie-Rae

OLIVE - Luna

PINE - Charlotte

POPLAR - Sean

WALNUT - Alexandr

WILLOW - Esmae

Parents Evening 13th and 15th October

Parents evenings are a perfect opportunity to meet your child's teacher and see how your child has settled into their new class.

Slots will become available from early October.

Attendance!

For week beginning 14th September 2026

Beech Class:	96.9%
Birch Class:	98.7%
Cherry Class:	95.9%
Chestnut Class:	97.9%
Elder Class:	100.0%
Elm Class:	96.3%
Hazel Class:	93.4%
Holly Class:	98.7%
Oak Class:	97.8%
Olive Class:	98.2%
Pine Class:	96.3%
Poplar Class:	93.3%
Walnut Class:	94.4%
Willow:	94.8%



Congratulations to those classes that have reached an attendance of 97% or above!

office@lowerfarmacademy.org

02475 267760

FRIENDS OF LOWER FARM ACADEMY
PRESENTS: easyfundraising

You spend, retailers donate

Sign up to easyfundraising and see your favourite retailers donate to

Friends Of Lower Farm Academy

whenever you shop with them

8,000+ retailers will donate to us whenever you shop with them

Argos TESCO JOHN LEWIS ebay JUST EAT



Plus, you'll get...

Exclusive retailer offers | Competitions | A warm feeling inside!

Over **£60m** raised for UK good causes

£0 extra cost to anyone

Sign up & get started

https://join.easyfundraising.org.uk/friends-of-lower-farm-academy/o8m3x9/ca/BzoopvuG//share

ALL PROCEEDS RAISED WILL GO TO THE SCHOOL

Friends of Lower Farm Academy



Name Labels

Friends of Lower farm recommended Name Labels from:

www.Stikins.co.uk

They are suitable for clothes, shoes, lunch boxes, drink bottles and more!

Add our fundraising code at checkout:

36499

Commission from your order will go towards additional resources for the school

Thank you for your continued support



PTA

Friends of Lower Farm Academy

Could you help?

We need new PTA Members - Are you interested in joining?

Friends of Lower Farm Academy is a group of parent volunteers that raise money for additional resources;



Library Subscription



External Workshops



Tents



Sports Equipment



Art Supplies

As well as funds towards each class/whole school wish lists

By organising fun events;



Halloween Disco



Christmas Fayre



Easter Bingo



Summer Fayre

As well as Pre loved Uniform, Easy Fundraising & Stikins (Name label) etc

Please contact us

friends@lowerfarmacademy.org

NHS
Coventry and Warwickshire Partnership NHS Trust

Protect your child from flu
The School Immunisation Team need your correct contact details



Have your email address or mobile phone number changed within the last year? If so, please get in touch with your team:

Coventry schools:

bewise.immunise@covwarkpt.nhs.uk

02476 961422

North Warwickshire schools:

NorthImms@covwarkpt.nhs.uk

02476 321550

South Warwickshire schools:

SouthImms@covwarkpt.nhs.uk

01926 353899

Mental Health Support Team in Schools

Tips For Wellness

Nutrition

Dimensions tool

Free online personalised self-care information & support for adults and children in Coventry & Warwickshire

Nutrition refers to thenutrients in food and how our body uses them to stay strong and healthy. There are lots of positive benefits for our **physical health**, nutrition is also really importantfor our**mental health!**

Our brain works hard taking care of our thoughts, movements, breathing, heartbeat and senses (even when we are sleeping!), so we must fuel our brain with nutritious foods to help us function. This can help us to think clearly, increase our energy levels and support concentration. What we eat also affects our mood too!

Our tips:

1. Get involved in the cooking–Can you help your parent/carer to prepare dinner? This can be a fun way to spend time with othersand learn a new skill.

2. Make it fun-There are lots of different ways different foods can be prepared. You could try experimenting putting different food together to see what you like and don't like.

3. Try something new-When was the last time you tried a new food? It can be exciting to find out what food we like and don't like. Also, our tastes can change as we grow and develop. See if you can set yourself a challenge to try a new food this week.

4. Keep Hydrated-Dehydration could lead to headaches,difficulty focusing and may impact sleep. Try to ensure you are regularly drinking water,it can be useful to bring a bottle of water to school every day to remind you to stay hydrated!

In Coventry and Warwickshire, for any urgent mental health concerns, contact the RISE Crisis Helpline available 24/7, by calling NHS 111. Alternatively, call 999 or visit A&E in an emergency, for example if medical attention is required.

MHST are available to support you and your school throughout the school year including term time and school holidays.

Please contact your school's Mental Health Lead for information and advice.

Scarecrow Shenanigans

A brand new family trail in Nuneaton Town Centre

19th - 30th September



🌟 Step into a world of storybook magic as Nuneaton Town Centre comes alive with colourful scarecrows inspired by your favourite children's book characters!

🌟 Follow the trail, discover every scarecrow, vote for your favourite, and don't forget to take a selfie and share it on social media!

🌟 People's Choice Award – Vote for the Best Scarecrow!

🌟 Trail sheets available from the BID office, Saints or scan the QR code

Scan me!

Join the trail & vote. Take a selfie, tag us on socials, the most tags will win!

SPECIAL GUESTS
Ukele Jam Band
12pm at Saints
JUST ADDED!

Join us for the trail launch!

Scarecrow Shenanigans

Saturday 19th September, 10am - 2pm

Come along and join in with the trail





Perfect for families Free to take part Fun for all ages

Nuneaton BID Business Improvement District

Saints

GO ALL IN.

National Year of Reading 2026